AYTOE

ATHLETICS FOR YOUNG AND TEACHERS ALL OVER EUROPE





PRESENTATION

ATHLETICS FOR YOUNG AND TEACHERS ALL OVER EUROPE – AYTOE is a European Project approved under the Erasmus+ Program, included in ERASMUS+ SPORT

AIMS

The specific aim of this proposal is to exploit the possible contribution of athletics to the wellness of children (both individually and at the cognitive level of the brain), demonstrating its impact.

IMPLEMENTATION

- Analysis of local needs.
- 2 Collection and dissemination of the best experiences
- 3 Identify a group of control and monitoring of activities in each country.
- 4 Design of a manual test of the athletic training version
- 5 Verification through the implementation of training modules
- 6 Evaluation of results with common indicators and supervised by university researchers
- 7 Collection of data on progress made
- 8 Preparation of a final version of the Athletics Teaching Manual
- 9 Final Event in the European Capital of Culture 2019 (Matera).

Expected results

The results of the program would be relevant for all universities and target groups, where improving governance of university sport, increase sports participation and improving the employability of graduates are important for all universities.

PARTNERSHIP



Fundación Universitaria San Antonio (ES)



LIETUVOS SPORTO UNIVERSITETAS (LT)



ASSOCIAZIONE SPORTIVA
DILETTANTISTICA MARGHERITA
SPORT E VITA (IT)

RESEACHERS



Juan Alfonso García Roca Researcher



Antonio Sánchez Pato Principal researcher



Caridad Hernández Guardiola Researcher

BUDGET

Overall Budget: 59.510,00€

WHAT IS THE OPRI

The International Project Office (OPRI) is an office linked to the Vice-rectorate of Research, responsible for the management of international research projects at UCAM. The OPRI was founded to strengthen the collaboration between our partners all around the world in the field of research. The unit was established in 2012 and has built strong alliances in 36 countries in which the university has to date participated in 57 projects. The internationalization of the Catholic University of Saint Anthony, through the OPRI, is directed towards all of the university community, researchers as well as students. A total of 192 students have participated already in projects in a variety of countries all over the continent.

Currently we are leading international projects like LIFE Clean Up, and LIVERUR. UCAM also has been awarded a postdoctoral Marie Curie with the project "POCBIOPEP" related to the study of cellular markers in blood from the intake of Pork Cured BIOactive PEPtides. Likewise, the UCAM, recognized by European institutions for its work in research and management of sports projects, such as dual career (education + sport) is coordinating the projects "ESLP" inside the call Erasmus+ Sport.





















OBJECTIVES

- Increase international presence UCAM in the European Union through participation in networks of knowledge, technological and scientific platforms, dissemination seminars, technical conferences and other events promoting R&D organized by the EU, with the presence of renowned professionals.
- Increase the participation rate of UCAM in European R&D, either as leaders or as partners.
- Increase the success rate of proposals presented by researchers at the UCAM to European and international R&D.
- Improve the rate of return derived from the participation of the UCAM in European R&D.
- (5) To promote European values.
- 6 Establish a commitment for university students towards European

OPRI DATA

| <i>57</i> |
|-----------|
| 16 |
| 71 |
| 36 |
| 160 |
| |





For additional information about the project please contact UCAM at opri@ucam.edu
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